

| Location | Role | F.Name | L.Name | E-Mail | Phone Number |
|---------------------------------|------------------|---------------|---------------|--|--------------|
| Sports Therapy Program | Captain | Nicola | Grice | nicolagrice@shaw.ca | 778-386-9047 |
| Start Line - Cocodona250 | Captain | Steve | Aderholt | steve@aravaiparunning.com | 8017469848 |
| AS01 Cottonwood Creek | Captain | Shaun | Johnson | shaunrjohnson7@gmail.com | 5125457173 |
| AS02 Lane Mountain | Captain | Trisha | Brooks | soldbytrisha@gmail.com | 602-618-3053 |
| AS02 Lane Mountain | z Assist Captain | Ron | Brooks | brooks78@cox.net | 6026183053 |
| Bumble Bee Hold Area | Captain | Erin | McKnight | erin@aravaiparunning.com | 4802447255 |
| AS03 Crown King | Captain | Thomas | Murray | thomasmurray1212@gmail.com | 5206644994 |
| AS03 Crown King | z Assist Captain | Lauren | Merritt | lelsem@hotmail.com | 5137397795 |
| AS04 Arrastra Creek | Captain | John | Bawden | jbawden22@gmail.com | 8473121415 |
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| AS05 Kamp Kipa Aid | z Assist Captain | Stephanie | Mitchell | mod.sani@outlook.com | 4806699470 |
| AS06 Camp Wamatochick | Captain | James | Nalley | dr.jamesnalley@gmail.com | 9282734215 |
| AS06 Camp Wamatochick | z Assist Captain | Jason | Baum | jasonbaum04@gmail.com | 4128499073 |
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| AS07 Whiskey Row Aid | z Assist Captain | Molly | Auman | missmolly18@gmail.com | 9283080575 |
| AS08 Iron King | Captain | Jil | Albrecht | jillianhopealbrecht@yahoo.com | 9365227617 |
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| AS09 Fain Ranch | Captain | Staff Jubilee | Paige | jubilee@aravaiparunning.com | 6027814547 |
| AS09 Fain Ranch | z Assist Captain | Billy | Newmyer | newmyer54@msn.com | 4356892543 |
| AS10 Mingus Mountain | Captain | Staff Misty | Stevenson | mistylu9@hotmail.com | 6025770646 |
| AS10 Mingus Mountain | z Assist Captain | Bart | Mangino | bart.mangino@gmail.com | 7022499708 |
| Start Line - Sedona Canyons 125 | Captain | Steve | Aderholt | steve@aravaiparunning.com | 8017469848 |
| AS11 Jerome | Captain | Jessica | Vandenbush | jess@eatcleanrundirty.com | 3306226089 |
| AS11 Jerome | z Assist Captain | Thomas | Bowling | tbowling2@satx.rr.com | 2108348102 |
| AS12 Dead Horse | Captain | Jeff | Beaty | jbhypercruiser@gmail.com | 4806281542 |
| AS12 Dead Horse | z Assist Captain | Mike | Kamanski | mike.kamanski@gmail.com | 8016470533 |
| AS13 Deer Pass | Captain | Mark | Swanson | runalong@mac.com | 5302278905 |
| AS13 Deer Pass | z Assist Captain | Mikaela | Cunningham | mrssneakypig@yahoo.com | 3303013292 |
| Water Station - Sedona | Captain | Michele | Harmon | michele.harmon@hotmail.com | 3019222213 |
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